

Liability Waiver

I know running or walking in a road race is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this event including but not limited to falls, contact with other participants, effects of the weather, including high and low temperatures, traffic and conditions of the road, all risks being known by me. Having read this waiver and knowing all the facts and in consideration of them, I am submitting my registration. I, for myself and anyone to act on my behalf, waive and release the City of Lowell, Lowell Community Wellness, the Harvest Hustle event sponsors, all volunteers and personnel involved in this event and their representatives from all claims or liability of any kind arising from my participation in this event. I grant my permission to all of the foregoing to use photographs, motion pictures, recordings or any record of this event for any legitimate purpose. Lowell Community Wellness has the right to cancel this event due to severe weather. Race fees are non-refundable.

Participant's signature(s)

If registering as a family, please have all participants 18 years and older sign

(Parent or guardian if under 18)

Lowell Community Wellness
PO Box 246
Lowell MI 49331



Lowell
Community
Wellness Presents:

**2011
Harvest Hustle
5K
Family Fun
Run
Walk
with New Route**

**Saturday October 8th
8:00 am Registration
8:30 am Start**

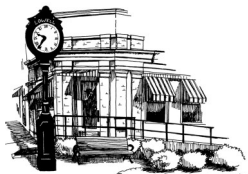


LOWELL AREA
COMMUNITY FUND

Lowell Community Wellness
Inspiring and educating the Greater Lowell Community to attain a healthier lifestyle

Hustle Through Lowell with Us!

Join Lowell Community Wellness on October 8, 2011 for the Harvest Hustle Family Fun Run. Race Registration begins at 8:00 am in front of Cherry Creek Elementary (Across from Lowell Middle School 750 Foreman St Lowell, MI). The race will begin at 8:30 am on the path in front of Cherry Creek Elementary. The run will take you on a paved trail along Foreman St, Gee Dr, and Alden Nash. Participants will run to the corner of Foreman St and Alden Nash and then reverse course back to the Start/ Finish Line at Cherry Creek Elementary. Run, walk or jog - have fun and get moving! The focus of this event is to encourage families to lead a healthy active lifestyle together. Prizes will be awarded for race winners.



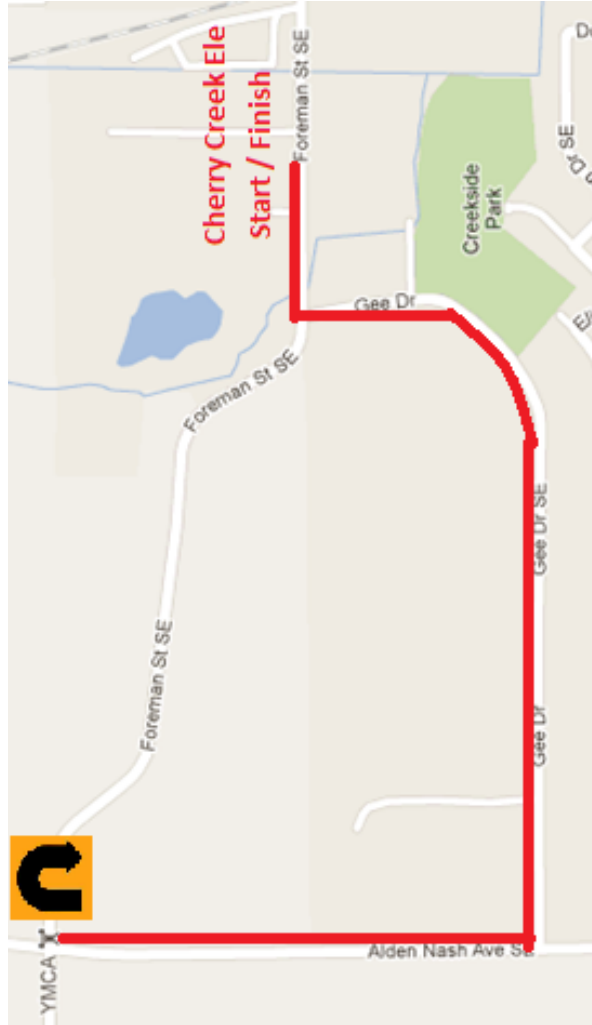
James E. Reagan, D.D.S
www.jamesreagandds.com



Lowell Family Medical Center

Our Mission : Inspiring and educating the Greater Lowell Community to attain a healthier lifestyle.

NEW Harvest Hustle 5K Route



Lowell Community Wellness
(616) 293-0385
www.lowellcommunitywellness.org
info@lowellcommunitywellness.org

Harvest Hustle Registration Form Student \$5 Adult \$10 Family \$25
Pre-registration strongly suggested **Registration fee includes event tee-shirt.**

(Please complete 1 registration form per person/family.)

Name _____ Male Female Age _____

Family Members Participating _____

Street _____ City _____ Zip _____

Phone _____ E-mail _____

Make checks payable to Lowell Community Wellness and mail to Lowell Community Wellness, PO Box