



Dear Community Partner:

Lowell Community Wellness is planning out 4th annual "100 Miles in 100 Days" summer walking challenge. This is a very popular community event that encourages participants to walk one mile per day for 100 days as they take steps toward a healthier lifestyle. This program begins May 26th and runs until September 2nd. Over the last three summers this program has motivated hundreds of people to walk their way to wellness.

During this summer's program we are inviting community members, civic organizations and businesses to become "Hometown Heroes" in support of this program, as we walk Lowell in 2008. A "Hometown Hero" would make a \$100 donation to support this event and be recognized by a window decal that they could display in their business, car or workplace. This decal will symbolize the Hero's support of health and wellness programming in the greater Lowell community. Hometown Heroes will also be promoted in our log booklets that each participant receives to log their mileage daily, also so the posters through out the community will promote the Hometown Heroes. In the log booklets we will be encouraging participants to visit a Hometown Hero and thank them for supporting this program.

Please consider joining Wolverine Worldwide, Digital Images and State Farm Insurance of Lowell who have already stepped forward in support of this health and wellness event. Be a Hero in the greater Lowell community by supporting this Lowell Community Wellness program.

Sincerely

Patty Sellner, Director
Lowell Community Wellness

