



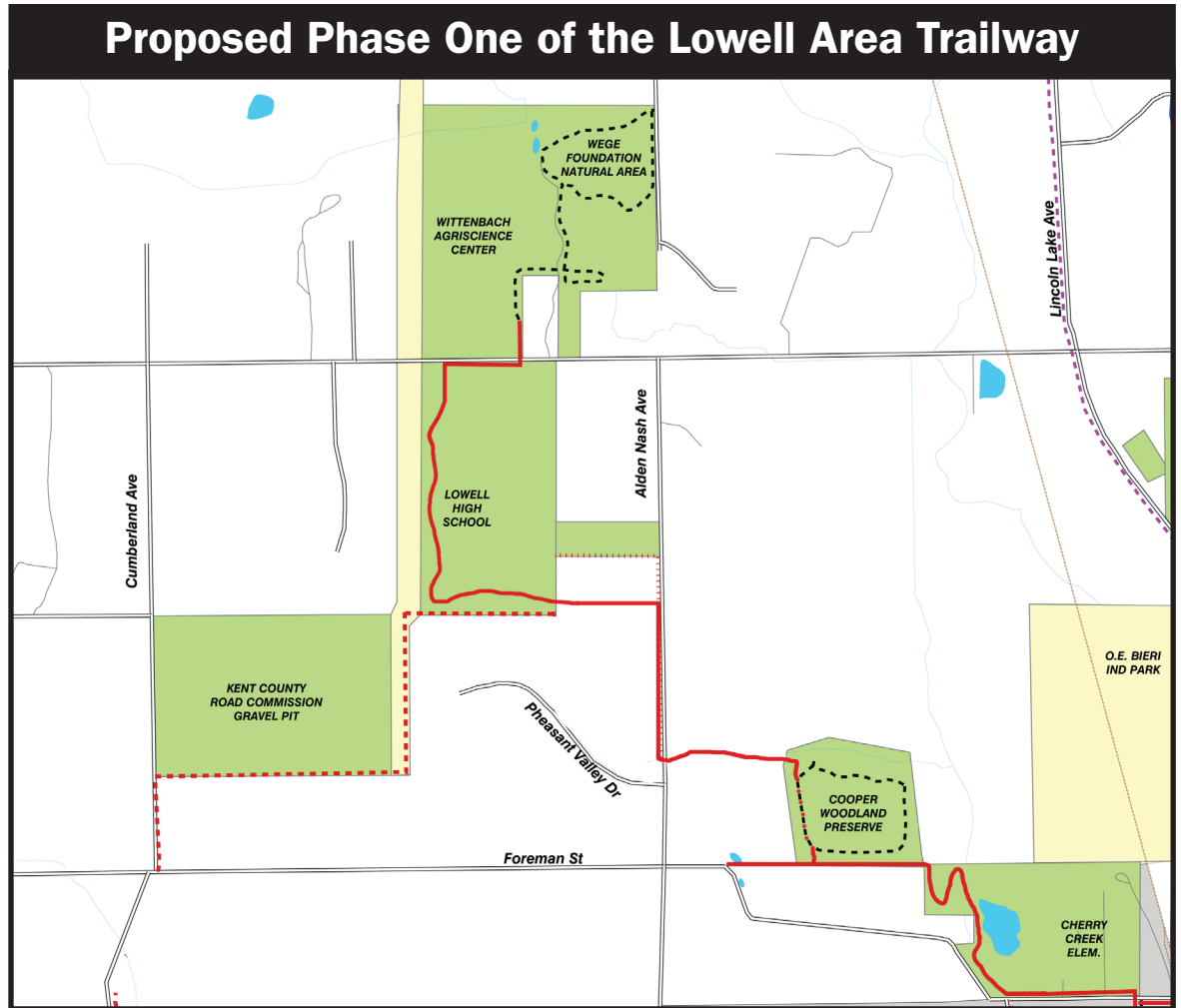
Over the past ten years, there has been an increase in trailway planning and development throughout the U.S. As vehicle traffic increases, so has the awareness to provide additional means for safe, non-motorized transportation.

Lowell Area Recreation Authority (LARA) formed to research ways to better the recreation opportunities for residents in the Lowell Area. Through a grant provided by the Lowell Area Community Fund of the Grand Rapids Foundation, LARA worked with Landscape Architects & Planners, Inc. to develop the Lowell Area Trailway Master Plan.

The Trailway is designed to connect several important community elements such as parks, schools, public facilities, and businesses with a non-motorized trailway. The Trailway will benefit the health, safety, and general welfare of the entire Lowell area with while improving non-motorized transportation and recreation opportunities.

**To view the Lowell Area Trailway Master Plan contact either Lowell Township, the City of Lowell, or Vergennes Township.**

**Or visit our web site at:  
[www.lowellareatrailway.org](http://www.lowellareatrailway.org)**



***Your help is needed to make  
the Lowell Area Trailway  
a reality!***

If you are interested in donating your time or money or have further questions, please contact us at 616-293-3206.

**Or visit our web site at:  
[www.lowellareatrailway.org](http://www.lowellareatrailway.org)**

"Regular physical activity is such a crucial part of good health; our goal is to help people understand that even modest activity such as walking or gardening is a step in the right direction."

— Julie L. Gerberding,  
Centers for Disease Control  
and Prevention

### **Connecting the Community with the Lowell Area Trailway:**

Wittenbach Center  
Wege Foundation Natural Area  
Cooper Woodland Preserve  
Lowell Area Schools  
Lowell Fairgrounds  
North Country Trail  
Lowell Historic Downtown  
Main Street  
Lowell Area Historical Museum  
Lowell Area Arts Council  
Lowell Area Chamber of Commerce  
Lowell Showboat  
Veteran's Memorial  
Riverwalk Plaza  
Flat River & Grand River  
City and Township Parks

In 2001, the U.S. surgeon general report recommended that communities create safe sidewalks or walking trails to encourage physical activity.

According to Walking for Health, people "won't find a better way to lose weight than walking."

— American Hiking Society



The Lowell Area Recreation Authority (LARA) was officially formed in November of 2004. The board consists of seven members: an elected official from Lowell Township, the City of Lowell and Vergennes Township, a resident from each municipality and a jointly appointed resident. This multilateral cooperative effort is intended to give the Lowell area an equal voice in the planning efforts. The board meets monthly and encourages community participation.

#### **City of Lowell**

301 E Main Street, Lowell MI 49331  
Phone: (616) 897-8457

#### **Lowell Charter Township**

2910 Alden Nash, Lowell, MI 49331  
Phone: (616) 897-7600

#### **Vergennes Township**

10381 Bailey Drive, Lowell, MI 49331  
Phone: (616) 897-5671

#### **Board Members**

Chairman - Mari Stone, Vergennes Township  
Vice Chairman - Perry Beachum, City of Lowell resident  
Secretary - Al Halbeisen, Lowell Township resident  
Treasurer - Betsy Davidson, jointly appointed resident  
Dan Edwards, Vergennes Township resident  
Jim Pfaller, City Council Member  
Leslie Stougaard, Lowell Township

**For more information,  
call 616-293-3206  
or visit**

**[www.lowellareatrailway.org](http://www.lowellareatrailway.org)**



## ***Do You Wish Your Family had a Safe, Local Place to Hike and Bike?***



The Lowell Area Trailway is working to provide places for **hikers, walkers, cyclists, runners, inline skaters, cross-country skiers, snow shoers, children, and physically challenged individuals** to experience nature in a way that promotes exercise and good health.